For families and caregivers of people with disabilities



# SUPPORT THROUGH THE LIFESPAN

A 3 part series on supporting adults with disabilities through their lifespan

**3-PART SERIES**

**6 - 7:30 PM**

**HOLLY RIDGE CENTER**
4660 Kitsap Way #100
Bremerton WA 98312

**(360) 373-2536**
RSVP to Melia Hughes
mhughes@hollyridge.org

Kindly RSVP to any or all of these events to ensure enough materials and refreshments are available.

Kitsap County Parent Coalition

monica meyer CONSULTING INC.
Adult Autism: Community Life and Assistive Technology

**FEB 17**

### Preserving the Parent's Knowledge Before It Disappears

Learn how to document your "invisible expertise" into a shareable future-care plan ensuring essential knowledge is preserved and transferred to providers, future caregivers, and successor decision makers.

**MAR 17**

### Changing Health and Support Needs through the Lifespan

Understand how aging affects people with autism or intellectual disabilities. After this training you will recognize changes that are often mistaken for "behavior" but may actually be medical, neurological, sensory, or age-related.

**APRIL 21**

### Navigating Medical Complexity through the Lifespan

Learn to navigate and advocate for people with autism or intellectual disabilities as they encounter medical systems of care, especially for those who cannot reliably explain symptoms or advocate for themselves.