

## Parenting Across the Lifespan May 23rd @ 6:00 pm - 8:00 pm

Caring for a child with autism at any age can demand a lot of energy and time. There may be days when we feel overwhelmed, stressed, or discouraged, while other days we are vitalized, hopeful and encouraged. Parenting isn't an easy role for a neurotypical child and raising a neurodivergent child across the lifespan can prove to be even more challenging. In order to be the best parent you can be, it's essential that you take care of yourself, plan and surround yourself with people who are knowledgable and caring.













I hope you will join me for an informative and frank webinar about parenting across the lifespan from a Mom, Advocate and Activist for People with Autism and Intellectual Disabilities.

Clock hours and attendance certificates are available. Join us on Zoom at https://us02web.zoom.us/j/8599141421

RSVP is requested but not necessary to attend. You can RSVP by email at <a href="mailto:kcpc@wa.easterseals.com">kcpc@wa.easterseals.com</a>, or calling (360) 347-6412.